



DAYBREAK
Rebuilding lives. Inspiring hope.

November 2019

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Daybreak President

Rob Dekker

Daybreak Vice President

Jillian Normand

Upcoming Events

December 12th

Resident Christmas party

February 2020 -

Fundraising event
and Possible pub quiz

Daybreak latest...from Richard

Welcome to the Fall newsletter. I would like to bring you up to date with some of the changes at Daybreak. We had a staff member leave in August. With this departure the Board restructured the positions and eliminated the Executive Director position and transitioned the senior position of Operations Manager /Housing Support Worker (HSW). I will be taking on overseeing the operations and assisting Brodie and Amanda in all aspects of the day-to-day operations.

Daybreak has been operating at full capacity since August. Our 47 residents require lots of support to which the staff have duly responded. We've recently responded to mental health crises and keeping the homes orderly; the positives are monthly house meetings, programming, work placements, money management, daily living instruction and guidance. In future newsletters it is my intention to paint a fluid portrayal of Daybreak, to our donors and followers. Daybreak is what 47 residents call home, supportive living, a significant milestone en route to independent living.

We have just advertised for volunteers and I welcome those with some time on their hands to join us. I guarantee you will enjoy it.

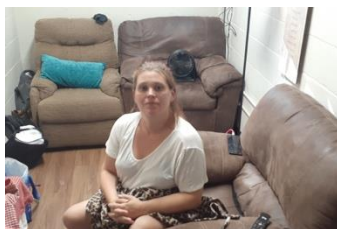
We need donations \$\$\$! I will gladly arrange visits to our houses so you can see firsthand where your money goes and what it would provide.

Please check out our updated website, featuring AGM, volunteer and board member information. We have momentum and I look forward to telling you all about it in the Winter newsletter!

Richard@daybreakhousing.org

613 236-8070 x 723

Meet our residents



Stephanie has used drugs for 20 years, living in shelters and on the streets. She came to Daybreak 5 months pregnant. "This is the first time I have felt safe. When I would leave the shelters there are people trying to sell you drugs. I was sick a couple of months ago and three people in the house asked me if I was ok. This is the first time anyone has ever done that in my life! Daybreak has given me a chance to get clean and gain my strength. I now feel confident about the future, I feel healthier and mentally stronger". Stephanie gave birth to a healthy baby boy in September and left us for her own apartment late October. We wish her all the very best.

Contact Us

www.daybreakhousing.org

613 236-8070

Richard- Operations Manager

Richard@daybreakhousing.org

X 723

Amanda -Office Manager

Amanda@daybreakhousing.org

X 721

Brodie – Property Manager

Brodie@daybreakhousing.org

X 722

Special thanks to:

Centretown pharmacy, an active donor, who plays a key role in delivering resident's medications. Centretown also provides guidance and support to our residents related to addictions.

&

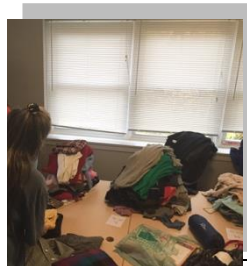
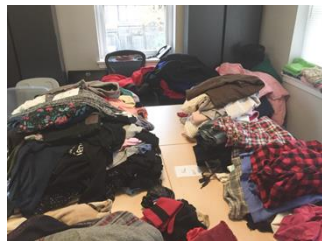
Wellington BIA for the funds received to provide a new fridge/freezer for Piccadilly House

&

to Mattamy Homes for their generous donation

Donations

At Daybreak a big challenge for our residents every year is finding affordable winter clothing. Therefore, we are asking for donations of any spare winter clothing you may have for both women and men. We will also accept adult clothing for any season as long as they're in good condition. We will also be happy to accept donations for any household items that you may have to spare. Items include: Lamps, winter boots, coats, gloves and hats, slippers, rugs, bedding & pillows (Single/Twin), toiletries, pots and pans, cutlery, gift cards etc. With our residents a little can go a long way and any donation at all would be greatly appreciated. To donate, email Amanda@daybreakhousing.org or call 613-236-8070 (ext.721) to set up a drop off time at our Piccadilly offices.



Recent and Upcoming Events

Residents requested we create a walking group; this runs every Friday starting November.

Monthly visits to area museums starting Nov 14th at the Nature Museum.

Fire inspections at all houses.

Monthly Board meetings.

Gala planned for May 2020.

Applying for grants for required work at our Somerset and Flora houses.

Daybreak Resident Christmas Party will be held at Knox Church 12th December 2019.



Piccadilly House – Happy Halloween

VOLUNTEERS

Daybreak has launched our volunteer program. The initiative has been advertised on our website and Charity Village. Here are some of the skills we are looking for -

- Handyperson skills, to help with minor repairs & maintenance, painting, minor plumbing, etc.
- Dietary knowledge, to help provide residents with basic instruction on how to prepare nutritious and cost-effective meals.
- Life skills, to assist and guide residents with basic life skills such as personal hygiene.
- Recreation skills, to accompany residents on local walks and outings.

We will be interviewing early in the New Year with a roll out date of February 2020.



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I WISH TO SUPPORT DAYBREAK HOUSING THROUGH:

<input type="checkbox"/>	Donation (cash/cheque/credit card)	\$	
<input type="checkbox"/>	Monthly donation (register via Canada Helps link on our website)	\$	
<input type="checkbox"/>	Securities in Kind	\$	
<input type="checkbox"/>	Planned Giving	\$	
<input type="checkbox"/>	Volunteering	\$	

Tax receipts will be issued at year-end for donations over \$10.00. For more information regarding donations, visit daybreakhousing.org.

Name

Address

Phone Number

Email

Your contact information will only be used by Daybreak Non-Profit Housing and we will only contact you with permission.

OUR HOUSES ARE OUR HOMES

We offer affordable, private and furnished bedrooms in a shared housing environment. Kitchen, washrooms and other spaces are communal. All houses are equipped with Wi-Fi, home phone and cable TV which is included in our housing fees. Residents are responsible for keeping their rooms and common rooms clean, to attend regular house meetings, care for their personal needs, engage in activities outside the home and manage any of their medications. Daybreak staff will meet with residents regularly to identify and work on achieving their goals.



CONTACT US

Call us: 613.236.8070
info@daybreakhousing.org
daybreakhousing.org

