



## Daybreak Housing Newsletter December 2023

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### A Message from Richard

"Hard to believe it's the end of the year. It's been another busy and productive year at Daybreak, but as winter approaches, we are not letting up as we strive to continue to supply safe and supportive homes for our residents. Staff organized a really enjoyable Christmas party, last week, for our residents, complete with food, games, gifts, and prizes. It's our best-attended social event with almost all of our residents out to enjoy a sense of community with each other and to share some holiday cheer. A big thank you to the staff, board members, volunteers and cake bakers, we appreciate your work, efforts and support, very much. We are also working on an exciting new initiative which we hope will expand supportive housing to those in need in Ottawa -- stay tuned for more news on that in the new year!"

### Gratitude to Our Donors

Daybreak Supportive Housing extends heartfelt gratitude to our incredible donors whose invaluable contributions continue to transform lives within our community. Beyond the tangible items you supply through your financial support, you are also sending the message to our residents that there are people out there who care about their welfare - you are a beacon of hope to inspire and uplift them.

We ask that you please consider a gift to Daybreak this holiday season.

**Donate before December 31 to receive a tax receipt for 2023!**



We're delighted to announce that as long as supplies are available, we will be offering Daybreak merchandise to all donors who give \$150 or more.

You can choose a t-shirts, sweatshirt, or polo shirt with the Daybreak logo. Eligible donors will be contacted to select their item in the new year.

## Khalsa Aid Partnership



Special mention goes out to Khalsa Aid for their continuing compassion and generosity. Khalsa Aid has supplied valuable donations of needed items ranging from bedding to clothing to hygienic products and much more to Daybreak residents for the past couple of years. This past year saw our partnership evolve to include regularly scheduled donations. We are all very grateful for this amazing partnership, which helps enhance the lives of all Daybreak residents!

### Centretown Churches Social Action Committee

The Centretown Churches Social Action Committee (CCSAC) has been dedicated to various initiatives benefiting the socially and economically disadvantaged in our community. Daybreak was fortunate to receive donations of warm sweaters and hoodies for our three Centretown homes. We extend our heartfelt thanks to CCSAC for their thoughtful donations, which were warmly received by our residents. These cozy contributions mean a lot to our community, symbolizing the care and kindness shared by our fellow community members. A big thank you to Elizabeth Kent (pictured with Leslie) for managing the donations.





## St Peter's and St John's

Thank you to Anisha and the church committee at St Peter's and St John's Lutheran churches for their continued support and organization. This year Jane and Jo (pictured with Leslie) delivered beautiful handmade quilts; 50 pairs of slippers knitted by 90-year-old Reinheld and a cash donation. Thank you!

## Resident Update

Welcoming Eddie, Loraine, David, and Ham to Daybreak! In the past quarter, Daybreak happily welcomed four new residents, providing them with a safe, affordable and comfortable home within our supportive environment while also ensuring that our houses are at full capacity.

## Bowling Event

On November 23, Daybreak hosted a fun bowling event for our residents.

Everyone enjoyed the friendly competition, camaraderie and delicious bites.



## Welcome, Leslie

Newly appointed at Daybreak, Leslie brings a wealth of experience from a 15-year tenure at Carleton University, which encompassed diverse roles supporting students. Leslie recently completed a Graduate Certificate in Addictions and Mental Health, has served as a volunteer addiction worker, a youth counsellor and brings a strong commitment to supporting individuals facing complex challenges. We are delighted to have Leslie on board at Daybreak, as are our residents. Her extensive background and profound

understanding of mental health issues position her perfectly to contribute to fostering a compassionate and supportive environment for all residents at Daybreak.

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## Kanata Stockings

A huge 'Thank You' to Kanata Stockings for their 47 gift bags and stockings for our residents! Stephanie and her daughter, from Kanata Stockings (below) kindly helping staff pack their vehicles.



## Bytown Rotary Club

Thank you to Ken from Bytown Rotary Club for their cash donation. Bytown have been a long term supporter of Daybreak and we always appreciate their support.



## St. Georges Church

St. Georges church, close to our Piccadilly location provided our 12 women residents a gift card and chocolates. Big thank you to Minnie and Carey (pictured below with

Brodie) for such generous Christmas gifts.



## Meet Emma, our Birthday Cake Coordinator!

Thank you immensely, Emma, for your incredible dedication as our Birthday Cake Coordinator, ensuring every resident receives a freshly baked cake on their special day. Your time and effort have made a heartwarming impact.



## Christmas party 14th December - Knox Church!

We had over 50 attendees this year, a great turnout. Thank you again to Reverend Jim (bottom left) and his staff for allowing Daybreak use of their facilities and always excellent support. A group shot with some of our residents, staff and board members. Staff photo with Leslie, Amanda, Santa (Brodie) and Richard.





**Daybreak would like to thank all donors for their generosity. If anyone would like to donate, please do so by clicking the CanadaHelps button below.**

**CanadaHelps**



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